

Prayers to Know by Heart

Sign of the Cross

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.



The Lord's Prayer (Our Father)

Our Father, who art in heaven,

Hallowed be Thy name.

Thy kingdom come, Thy will be done
On earth as it is in heaven.
Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass against
us.

And lead us not into temptation
But deliver us from evil. Amen.

Act of Contrition or Prayer of Sorrow

My God,
I am sorry for my sins with all my heart.

In choosing to do wrong
And failing to do good,

I have sinned against you
whom I should love above all things.

I firmly intend with your help,
To do penance,
To sin no more,

And to avoid whatever leads me to sin.
Our Savior Jesus Christ
Suffered and died for us.

In His name, my God, have mercy.

Hail Mary

Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou amongst women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners
Now, and at the hour of our death, Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be
world without end. Amen.

***Dear Parents,
Please go over these prayers
with your children daily.***

***It takes time to learn the prayers,
but as a family go over the prayers
together each night at bedtime.***

***The prayers will become second nature.
Thank You.***